

Thankful



LifeCenter plus
Health and Fitness Center

Thanksgiving

Thanksgiving Day Group Exercise Classes

Turkey Fusion	7:00-8:00am
Gratitude Yoga	8:00-9:00am
Butterball Burn	8:15-9:15am
Gobble Wobble Zumba	10:00-11:00am
Spinnin' before Stuffin'	10:00-11:00am
WERQey before Turkey	11:00-11:50am

These classes are FREE with a food donation to the Akron-Canton Foodbank...so bring a friend or family member!

Club Hours: 6:00am-12:00pm
(Kids Korner Hours: 8:00am-12:00pm)

LifeCenter Plus

WILL CLOSE EARLY AT 8PM* ON:

Wednesday, November 24th, 2021

LifeCenter Plus | 5133 Darrow Road, Hudson, OH 44236 | LifeCenterPlus.com